



# The Firelands Express



VOLUME 6 ISSUE 77

FEBRUARY 20, 2012

## STATE OF THE SCHOOLS

FIRELANDS ELEMENTARY – WED. MARCH 7, 7:00 pm  
SOUTH AMHERST MIDDLE SCHOOL – THURS. MARCH 8, 7:00 PM  
Updates on District Finances, Curriculum (new state standards) and Facilities  
PUBLIC IS ENCOURAGED TO ATTEND - Babysitting will be provided

## FROM THE SUPERINTENDENT

### DISTRICT EARNS ENERGY STAR AWARD

The Environmental Protection Agency (EPA) approved Firelands Elementary School and Firelands High School as Energy Star™ labeled buildings as a result of the energy conservation efforts implemented at the facilities over the past several months. This distinction has been earned by only 131 K-12 buildings in Ohio since 2008.

To qualify for the ENERGY STAR™ label, a building must achieve an EPA rating of 75 or higher - meaning they are in the top 25 percent for energy efficiency in the nation compared with similar buildings. Both buildings are operating with incredible energy efficiency ratings. Firelands High School is rated a 92 and Firelands Elementary has a rating of 89. ENERGY STAR certified buildings typically use 35 percent less energy than average buildings.

Firelands worked with CCG Energy Solutions, Inc. on a House Bill 264 project that included several energy conservation upgrades at both facilities. Our buildings are operating at high standards for efficiency, air quality, comfort and lighting. This is something our administration, staff, students and community should be proud of.

### WHERE'S THE WIND TURBINE?

I am frequently ask where the wind turbine is. Unfortunately the grant funds that drove the project have dried up. Without these grants it is unprofitable for the wind energy companies to move forward on their projects. We have given NexGen until June 30 this year to start the project or we will cancel the project. We will continue to look for alternative energy sources that will save the district money and provide meaningful educational models for our students to learn more about this important industry.

Go Falcons!

Greg Ring

## NEW SCHOOL BUS RULE

### MANDATED BY ODE



We have used a hand signal for many years to safely cross Students from across the road before boarding the bus, and this past week the ODE has made it mandatory to do the same for those students who board the bus on the right side. This is due to the rise of Distracted Drivers running the Buses Red Lights.

Students are now required to be in line before the bus arrives on both sides of the road and remain back and away from the road until they have been signaled by the Driver to cross or approach the Bus from the right.

**YOUR COOPERATION WITH THIS MATTER IS GREATLY APPRECIATED!**

You may view this issue online at:

[www.firelandsschools.org](http://www.firelandsschools.org)

The Communities we serve: Amherst, Amherst Twp, Birmingham, Brownhelm Twp, Camden Twp, Florence Twp, Henrietta Twp, Kipton Village, New Russia Twp, South Amherst Village, Vermilion and Vermilion Twp.

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## Select Choir at Quicken Loans Arena



The Select Choir had a great time singing the National Anthem at Quicken Loans Arena on Wednesday, January 25th! The arena was packed and the Cavaliers pulled out a win against the New York Nicks! A great night for everyone! The next day the choir received a phone call from the Cleveland Indians wanting them to sing the National Anthem at one of their games. One of the managers heard the Select Choir sing at the Cavs game; they called the next morning wanting the Select Choir to sing at Progressive Field! Great job Select Choir! PS- Thank you Natalie Ganevskaya for taking the picture!  
Wendy Johnson - Choral Director

### CLUB EXCELLENCE MERCHANT PARTICIPATION

We have another addition to the vendors participating in Firelands High School's Club Excellence program. Our thanks goes out to:

**Name:** Kaleidoscope Hair Design

**Address:** 47 Cleveland Ave., Amherst

**Offer:** 20% Discount on purchases.

Club Excellence is a program that rewards students for pursuing academic excellence with local businesses granting various discounts when shown proof of excellence with a Club Excellence card.

If you would like to have your business included in this worthwhile program please contact Mrs. Kathy Dzat, Secretary, Firelands High School, 965-4255.

## CONGRATULATIONS SPENSER!

A congratulatory note to sophomore snare drummer Spenser Urig who is a percussionist in the Mighty Falcon Marching Band. Spenser recently participated in the Ohio Music Education Association District High School Solo and Ensemble Event on January 28, 2012 at Cuyahoga Community College. He performed a Class A snare solo and received the highest rating of one for his performance.



He prepared for the solo under the instruction of Adam Woody and Dustin Wiley.



## Academic Challenge

THE THREE SCHOOLS THAT COMPETED ON THE PROGRAM WERE:

Firelands - Jefferson Area  
Notre Dame-Cathedral Latin

The match is scheduled to be broadcast on WEWS-TV, NewsChannel 5 at 7:30pm on Saturday, March 3, 2012

## HONOR ROLL

<p><b>12TH Grade</b> Hailey Akers Steven Bajcer Meghan Butler* Gianna Campana Marisa Carreon* Kaleigh Crandahl Randy Daniels* Nathan Danko* Alexandria Deidrick Nicholas Donofrio Cody Doud Taylor Fuge Leona Geary Samantha Golden Joshua Hanna Gina Januzzi Jayme Jones* Rebecca Kozlowski Emily Kyser* Carl Larson Sara Laughlin* Benjamin Midkiff Christopher Neal Nicole Nimon Mary Petz Kaitlynn Pratt Megan Pugh Paxton Roby Brittany Saylor Cory Smith* Lauren Smyth* David Socha Emily Stevanus Brooke Storey Emily Teaman Alexander Tuggle Hayley Walther Jacob Westfall Amanda Williams Emily Williams Xavier Williams Matthew Witte Emily Woody Jamie Wossilek Morgan Wransky</p> <p><b>11TH Grade</b> Thomas Battig Nicholas Bauer* Thomas Biery III Hannah Branz* Gina Brunetto Dannin Butchko Karlie Canfield KayLynn Carver Teddy Chambers* Maggie Clark Lauren Colby Anna DiAsio* Samantha Dostall</p>	<p>Codey Eicher Carlie Elek Kayla Fowler Jenna Fuhrman Michael Fury Matthew Golden Nicholas Gulish Jeffrey Habeck Rachel Holowecky* Zachary Jackson* Brady Jeffers* Stine Johannessen Lindsey Kasper Andrew Keets Tyler Koptis* Kyle Kurtz* Ronald Lenk Terry Long* Kevin Migra Abigail Miller Garrett Monhollen Gabrielle Morrow Emma Norheim* Marissa Poling* Alexander Rangel Mitchell Rice Candice Roig Lois Rotuno Erika Ruffner* Adam Rutherford Joseph San Felippo Kaitlyn Simmerman Kate Ward* Hannah Williams Devin Wray Jessica Zurcher*</p> <p><b>10TH Grade</b> Kasandra Abfall Summer Adkins* Travis Alexander Jade Amanse Briana Anadell Danny Arnold Jr. Chrissy Balint* Haleigh Bari Diana Beursken* Tara Brown Katie Cline Allison Danko* Savannah Deidrick Danielle Dudukovich Sharareh Feizkhah Hannah Galloway* Amber Gasparini Ashley Gasparini Mikayla Habeck Chayce Hall Jessica Hall Lauren Holcomb* Brenna Horwedel</p>	<p>Cole Jones Nicolette Jordan Emily Krieg Nathan Kromer* Kayla Landuyt Jeb Larson Maya Leachman* Taylor Marcum* Alyssa Melendez Samuel Miller Rebecca Myers* Daysha Owens Jordan Penkava* Emma Ranney* Kellie Rennie Christopher Rosso Tom Schuman Michael Socha Amanda Spears* Nicole Strauss LeAsia Taylor Daniel Truitt* Spenser Urig* Grace Wells Rachel Williams</p> <p><b>9TH Grade</b> Bethany Anderson* Lauren Bansek Jacob Barnes Jessica Beran Andrew Biery* Maisie Bonnett Alyssa Bonomolo Olivia Born Stephen Budweg Kassady Carrier Brennan Crawford Nicole DeWitt Faith Dempsey Stephanie Dostall Katie Fath Brandy Forster Thaddaeus Gonzalez Cullen Grude Matthew Gulish Samantha Halcomb Alyssa Hayes Emily Herchler* Alexander Hertensteiner Hannah Hicks Tristan Hildebrandt Garrett Hoffman Brandi Holowecky* Rebecca Jackson Wesley Kromer Cole Lewis* Elizabeth Loring Joshua Mallett Marissa McKinney Giorgia Nicolaou</p>	<p>Taylor Odom Jamie Penkava Leslie Peterson Abby Petrey Emily Pohorence* Rebecca Reicholf* Brittany Reising Ashley Rister Thomas Rose II Jordan Ruffner Jacob Rutkowski* Nicholas Schaffer Cole Sklarek Heather Smyth Emily Staveski Spencer Streibel Arianne Szakal Mikayla Walbom* Ashley Wammes Hunter Widener Alexandria Yoby Karley Zimmerman</p> <p><b>8TH Grade</b> Kaleb Abfall* Hunter Angersbach* Taylor Aslaksen Jacob Bailey Rachel Cairns* Joshua Carpino Raymond Conry Devin Dumke* Abigail Farley Jacob Grasso II Jillian Hajostek* Katie Iwanek Michaela Jeffers* Cassidy Johannsen Brylee Jones Eric Kasper Amber Lauffer Alexis Lough Bradley McGinnis Kaitlyn Michener Rachel Minek Anthony Myer Emily Novak* Julie Ohle* Brandon Palmer Brandon Ramsey Emily Rich* Mark Roberts Brooke Robey Jonathon Rovere Vitoria Russo Alexandra Sabine* Ashlee Saylor Jeremy Simonovich* Mason Skinner Kyle Slack Noah Stevens</p>	<p>Alyse Taddeo Kathleen Tuggle* Kayla Unger Spencer VanWagnen David Vaughn III Patrick Ward Erica Wasem Justin Welch Stephaine Wells Rylee Wheaton Alexandria Willis</p> <p><b>7TH Grade</b> Aaron Alston Ellen Angersbach* Kayla Bailey* Hailey Blankenship Grace Boucher Matthew Brightbill* Patrick Brightbill Matthew Browning* Karli Bukovac* Rachel Coggins Ian Crawford Andrea DiAsio* Maley Foster John Gall* Sarah Gallo* Jerund Gonzalez Victoria Grasso* Maxwell Hertensteiner Kyle Hieb* Nathan Kovach Benjamin Laughrey Elizabeth Lewis Nick McCrary Elizabeth Miller* Emma Mowry Loren Myer Colin Myers Demetria Nicolaou Jenna Pleban Grace Pohorence Connor Price Lynn Schmittle Madison Sims Aerin Sirow* Elizabeth Skolnik* Sarah Slack* Joseph Socha* Bradley Soltis Nicholas Squires Megan Weller</p> <p><b>6TH Grade</b> Shaina Adams Bailey Antill Michael Bansek* Adam Bechtler John Bechtler Megan Stamm-Brandich Jacob Campbell</p>	<p>Averi Cleary* Owen Cogar Samuel Dennis Michael Douzos* Trevor Edwards II * Grace Habeck Ethan Hayes Serena Hoffman* Emily Holcomb* Anthony Houdeshell Samantha Ives* Corey Jones* Evan Lacey* Madalyn Lyons Aleesia McKinney Noah Metzger Aaron Myers Oliva Novak Justin Ollis Madison Palmer* Olivia Peterson Jacob Reising Hannah Reynolds* Faith Rico Angelia Rivera Jacob Selent Calvin Stull Autumn Swiers* Aaron Turnbull McKenna Turton Ian Valerius Nathaniel Weitzel Samantha Wyler* Alyssa Yorke</p> <p><b>5TH Grade</b> Zachary Baldwin* Christa Barnes Alex Bauer Riley Bayus Sawyer Bayus Cora Born Sean Bowsher Devon Brennan Alex Brill Marley Buckner Emily Capitano Isabella Clark Trinity Craycraft Mike Durdak* Christopher Fath Madison Flanagan Beau Grude* Nathan Hammond Dylan Hawley Siera Hess Chad Hieb Nicole Kraus* Halli Kromer Adam Lacey Austin Linn*</p>	<p>Dylan Minek Jasmyn Munoz Michael Nicolaou Ryan Ortner Kayla Reisinger* Derric Rogala Abigail Sandrock Isabel Solowiej* Emily Squires Alex Steindl Nicholas Street Timothy Street Isaac Sultzer Trevor Weller Logan Willis</p> <p><b>4TH Grade</b> Adrianna Adams Alexis Alston* Riley Andolsek* Mason Baker Kaylee Boggs Claire Boucher Megan Bowling Michael Campbell Chance Coutrip Keith Cronwell Alyssa Danicki* Alessandra Davis Logan Davis* Holly Eberhardt* Daniel Giacopelli Danny Hager Rebecca Hopkins Logan Howington Sadie Hutenspiller* Steven Iwanek* Christopher Jackson Jordan Janosik Sierra Johnson Lauren Jones Cole Kaminski* Nate Kraus Lillian Laughrey Trinity Marshall* Vincent Morales Brooklyn Ollis* Maribeth Petrey Mika Pina Sophia Prideaux Lorenzo Reyna Chad Rich* Amy Rister* Robert Rose* Austin Schuler Jenna Selent Chloe Simko Chris Snider Ashley Strauss Jackson Thomas* Josh Truskot</p>	<p>Jordan Vaughn Kaitlyn Walcheck Samantha Walcott* David Walker Nicholas Wells Christine Whitacre Lauren Widener Abigail Winnen Justin Wossilek* Vince Yoby</p> <p><b>*Denotes all A's</b></p> <p style="text-align: center;"><b>OGT TESTING WEEK - MARCH 12 - 16 Mon-Reading Tue-Math Wed-Writing Thur-Science Fri-Soc Studies</b></p>
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**MERIT ROLL****12TH Grade**

Megan Alvarez  
John Brennan  
Bethany Buckosh  
Brandon Camp  
Kaylynn Cuson  
Heather DeMeter  
Joseph DeWitt III  
Ariel Denney  
Kaitlin Jackson  
Nicholas Jones  
Laine Kaiser  
Samantha Kilby  
Daniel Kinsley  
John Knoble  
Jared Kromer  
Megan Kudela  
Randy Leatherwood  
Marilee McCoy  
Brandon Mederer  
Joel Miller  
Amanda Morrisette  
Jake Myers  
Alexandra Newbraugh  
Paige Northeim  
Ethan Poore  
Breanna Schultz  
Hope Tansey  
Andrew Thoms

**11TH Grade**

Stanley Bohl Jr.  
Sarah Brennan  
Christine Budweg  
Kennedy Carrier  
Trevor Davis  
Monica Gisondi  
Dylan Hancock  
Keven Harris  
Erika Hornyak  
Courtney Klesta  
Tristan Kovacs  
Tyler Kyer  
Dale Lapp  
Kyle Lear  
Rachel Leatherwood  
Brandon Lowder  
Nadine Luther  
Maison Mastellone  
Erin McCarty  
Austin Miller  
Ray Ortiz  
David Pataky

Hayley Pearson  
Jacob Peters  
Caleb Petersen  
Kaitlyn Proy  
Erika Richardson  
Brooke Shupe  
Tasia Tanner  
Seth Tansey  
Elizabeth Turner  
Tyler Vrabel  
Dakota Watson  
Michaela Weitzel  
Dustin Woodrum  
Chelsea Wright  
Ashly Yakunovich  
Jordan Yakunovich  
Samantha Yakunovich

**10TH Grade**

Brittany Bowyer  
Ryan Cairns  
Sarah Carter  
Kenneth Conrady  
Derek Dean  
Sheevah Feizkhah  
Alexandria Galik  
Kyle Gregory  
Brittany Hales  
Madison Karnow  
Satira King  
Karley Krupp  
Katie Loeser  
Andrea Mayo  
Alice Meyers  
Dylan Newman  
Matthew Novak  
Paige O'Connell  
Chelsea Otero  
Alexzis Pennington  
Cory Peters  
Kevin Rollins  
Abigail Skolnik  
Steven Thompson  
Makiah Tillman  
Taylor Viperman  
Rose Walther  
Cody Weston  
Heidi Wiegand  
Ethan Willis  
Breonna Wright

**9TH Grade**

Rebecca Bari  
Cheyenne Beachler

Sydney Bowman  
Alison Butler  
Hannah Caruso  
Elizabeth Crawford  
Grace Folley  
Shannon Griggs  
Jody Hanko  
Nicholas Harris  
Keegan Koepp  
Cassidi Kowalski  
Garrett McKinney  
Brianna Mele  
Rachel Nitchman  
Derek Reynolds  
Derek Sanders  
Max Schmittle  
Alexis Shick  
Johnathan Sigsworth  
Casey Smith  
John Socha  
Dylan Sawley  
Louis Stevens III  
Adriana Street  
Zackary Tollett  
Hannah Vitale  
Madison Widener  
Peter Wilhelm  
Aaron Williams  
Jacob Wright

**8TH Grade**

Ryan Alcorn  
Jasmine Beckett  
Hunter Brandt  
Dennis Browning  
Logan Danicki  
Caitlin Gallagher  
Mikaela Geyer  
Sarah Harvey  
Dylan Hickman  
Jared Holowenko  
Jerrod Horwedel  
Samantha Hribal  
Tori Hritsko  
Jesse Jones  
Michael Jones  
J.C. Kasper IV  
Brianna Krieg  
Olivia Mowry  
Adriana Nigro  
Arianna Pina  
Lauren Salkiewicz  
Phillip Saylor

Anthony Schlessman  
Shelly Shupe  
Jarett Solnick  
Madison Stanley  
Bradley Thrasher  
David Tipple  
Allison Vilagi  
Claire Vilagi  
Luke Whitacre  
Ty Wilson  
Paige Zimmerman

**7TH Grade**

Alexandria Adkins  
Makayla Bailey  
Max Bailey  
Kimberly Barnes  
Anthony Bryant  
Trevor Damron  
Abigail Gifford  
Olivia Harris  
Andy Hasel  
Lexie Holowenko  
Daniel Hribal  
Casey Krueger  
Jade Leverknight  
Clayton Lucki  
Mikayla Mains  
Benjamin Markovich  
Sara Nickels  
Sydney Novak  
Jordyn Phelps  
Sophia Pohorence  
Zachary Ridenour  
Hailey Riggs  
Trevor Stefanski  
Carol Lynn Stevens  
Megan Vaughn  
Louis Ward  
Michael Whitacre

**6TH Grade**

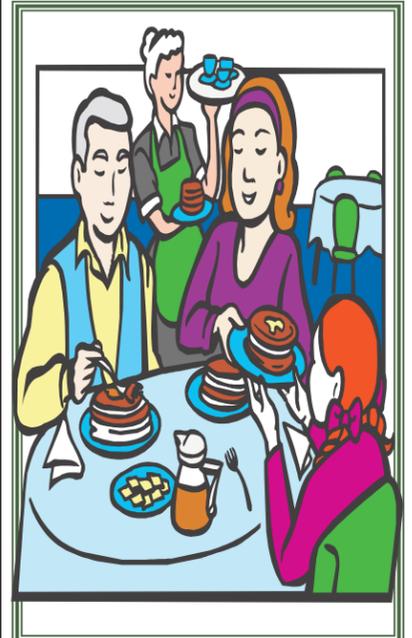
Zachary Bennett  
Briana Bowyer  
Connor Eckman  
Morgan Edwards  
Kevin Hahn  
Ryan Hoffman  
Alaina Kempf  
Casey Koepp  
Ariel Langer  
Sean Lipscomb  
Ariana McClung

Morgan Nance  
Clay Plamer  
Joshua Pennington  
Tyler Popa  
Bailey Rado  
Grace Schlessman  
Brady Stanton  
Elizabeth Stark  
Kassidy Stevens  
Garrett Tester  
Joseph Tipple  
Ryan Wilhelm  
5TH Grade  
Victoria Barnett  
Grace Bayus  
Daniel Bender  
Abigail Berry  
Estelle Bowling  
Macey Butchko  
Kaylyn Eary  
Genalda Finley  
Carter Grude  
Robert Harker  
Christopher Hilton  
Jacob Holland  
Josh Kelly  
Matt Kovach  
Laura Lester  
Hannah Linn  
Ava Mastellone  
Brandon Mele  
Tyler Rado  
Joseph Rehm  
Arianna Reyna  
Chace Riley  
Danielle Rivera  
Christian Sutton  
Saige Szivan  
Rachel Taddeo  
Hannah Temple  
Nathan Thompson  
Sydney Wright  
Eli Yoder

**4TH Grade**

Laura Barnes  
Alaina Becker  
Payton Burgdorf  
Ryvers Clark  
Shelby Clark  
Sydney Clark  
Alexys Coggins  
Nathan Damron

Colton Griffith  
Logan Hall  
Brian Harvey  
William Krejci  
Aramia Kuncel  
Julia Landreth  
Mackenzie Mack  
Emmaleah McDevitt  
Anna Myers  
Luke Oliver  
Emily Pluta  
Logan Ramsey  
Mackenzie Roby  
Konnor Sirow  
Jacob Smith  
Autumn Szakal  
Megan Temple  
Brianna Toledo  
Kaitlyn Townsend  
Mackenzie Walsh  
John Willis



## Firelands Band Boosters Annual Pancake Breakfast Florence Township Fire Hall

Sunday, April 22, 2012

8 am-1 pm

Pancakes, Sausage, Beverages

Raffles

Please come and help support our  
ever growing music program!

## THE ROLE OF FANS

Athletic events are learning experiences for student-athletes. A ticket to a contest is a privilege to observe athletic tests of skills, not to verbally assault others or be obnoxious. Fans may forget that high school athletes have not reached mature physical performance, so errors can be expected. Moreover, fans who learn the rules of the sport are less likely to criticize officials, players or coaches.

- Remember that you are at a contest to support and yell for your team and to enjoy the skill and competition, not to intimidate or ridicule the other team and its fans.
- Remember that interscholastic athletics are learning experiences for students and that mistakes are sometimes made. Praise student athletes in their attempt to improve themselves as students, as athletes and as people as you would praise a student working in the classroom.
- Remember that a ticket to an interscholastic athletic event is a privilege to observe the contest, not a license to verbally assault others and be generally obnoxious.
- Learn the rules of the game so that you may understand and appreciate why certain situations take place.
- Show respect for the opposing players, coaches, fans and support groups. Treat them as you would treat a guest in your own home.
- Refrain from taunting or making any kind of derogatory remarks to your opponents during the game.
- Respect the integrity and judgment of game officials. Understand that they are doing their best to help promote the student-athlete and admire their willingness to participate in full view of the public.

- Recognize and show appreciation for an outstanding play by either team.
- Refrain from the use of any controlled substances (alcohol, drugs, etc.) before and during games and afterwards on or near the site of the event.
- Use only those cheers that support and uplift the teams involved.
- Recognize and compliment the efforts of school and league administrators for their efforts in emphasizing the benefits of educational athletics and the role of good sportsmanship.

- ◆ Be a positive behavior role model through your own actions and by ensuring those around you at events where behavior is unbecoming.

## Acceptable and Unacceptable Behavior

1. Remember that young people play sports for **THEIR** enjoyment, not to entertain you.
2. Do not have unrealistic expectations and understand that doing one's best is as important as winning. Understand that ridiculing an athlete for making a mistake is not acceptable behavior.
3. Respect the official's decisions and encourage all participants to do the same.
4. Respect and show appreciation for the coaches and understand that they have given their time to provide sport activities for our young people.
5. Encourage athletes and coaches to play by the rules and to resolve conflicts without resorting to hostility or

violence.

6. Show respect for my team's opponents and realize there would be no game without them.

7. Do not use bad language and harass athletes, coaches, officials or other spectators.

8. Always show good sportsmanship since young people learn best by example.

## Sportsmanship Pledge

Young people need to know that integrity, fairness and respect are lifetime values taught through athletics, and these are the principles of good sportsmanship.

## We need good sportsmanship

- To prevent violent action towards officials, opponents and other spectators which are becoming commonplace in today's society and sports.
- To decrease the emphasis on just winning and losing an athletic event.
- To promote ethics, respect and integrity in all walks of life.
- To promote the ideal of intrinsic rewards of athletics.
- To learn the attitudes necessary for responsible behavior. You can make proper behavioral choices while viewing your school's athletic events. Those who pledge agree
- To be a proper role model for our student athletes.
- To be clear and firm about rules concerning our conduct and behavior while viewing and participating in an athletic contest.
- To understand that good sportsmanship is a responsibility that each individual must bear.

## THE FAN PLEDGE

As a fan, I acknowledge that I am a role model. I will remember that school athletics are an extension of the classroom, offering learning experiences for students. I must show respect for all players, coaches, spectators, officials and support groups. I will participate in cheers that support, encourage and uplift the teams involved. I understand the spirit of fair play and that good sportsmanship is expected by our school, our conference and the OHSAA. I hereby accept my responsibility to be a model of good sportsmanship that comes with being a fan of this school.

Name(s)

\_\_\_\_\_

\_\_\_\_\_

Sport

New Pledge     Renewal Pledge

You may publish my name along with other fans who support "The Fan Pledge."

Yes     No

## ARE YOU INTERESTED IN SEEING FRESHMAN SPORTS RETURN TO FIRELANDS HIGH SCHOOL?

Please join us:

WHEN: Monday, March 12, 2012

WHERE: Firelands Board of Education Office

EVENT: Regular Board Meeting

TIME: 7:00 p.m.

REASON: To express our concerns and to show support in returning Freshman sports.

Thank You!

Robert Becker Jr.

## Leading Edge

### AT THE JANUARY LEADING EDGE 4-H MEETING THERE WERE THE ELECTIONS!!!

Erika Leimbach was elected President.  
 Robert Groot was elected Vice President.  
 Samantha Walcott was elected Secretary.  
 Ann Walcott was elected Treasurer.  
 Alyssa Yorko was elected Public Relations Director.  
 Christy Lockhart was elected Recreation Director.  
 Aerin Rizzuti was elected Historian.

We voted (and it was passed) that the club fee should be \$5. We also talked about what social activities we would like to do this year.

Our next meeting will be held the fourth Monday of February, 2-27-12.

Come and join us!!!!!! Call Cathie and Orrin Leimbach at 440-967-9678 for more information.

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## GUIDANCE CORNER

Current 8<sup>th</sup> grade students and parents are invited to the FHS Freshmen orientation on Monday, February 27<sup>th</sup> at 6:30 p.m. in the Firelands High School Gym.

**SENIORS:** Local scholarships are available on the Firelands High School Guidance website. Students have received applications in class. They can return completed forms to the FHS guidance office by March 15<sup>th</sup>. Seniors were instructed in their government classes on how they could utilize their career portfolio information to assist with scholarship completion.

**JUNIORS:** It is time to register to take the ACT this spring. You can register on-line at [www.actstudent.org](http://www.actstudent.org) or pick up registration forms in the guidance office. The next ACT testing date is April 14, 2012, and the registration deadline is March 9, 2012; June 9, 2012 is the last testing date, and the registration deadline is May 4, 2012. The next SAT is May 5, 2012, and the registration deadline is April 6, 2012; June 2, 2012 is the last SAT testing date, and the registration deadline is May 8, 2012.

**SOPHOMORES:** Students interested in going to Lorain County JVS need to apply online and turn in a signed copy of their application to Mrs. Zimmer by Wednesday, February 22<sup>nd</sup>.

**THE OHIO GRADUATION TEST** will be March 12 – March 16. All sophomores are required to take and pass all five sections of the test in order to graduate. The sections are: Reading, Math, Writing, Science, and Social Studies. This will be their first opportunity to meet this graduation requirement.

Only Juniors and Seniors who have not passed all 5 sections of the OGT will need to participate. These students will be notified of test times by the Guidance Office.

**ATTENTION STUDENTS AND PARENTS INTERESTED IN COLLEGE OPTIONS:** A PSEO parent information night will be Thursday, March 1<sup>st</sup> at 6:30 p.m. in the Library. The meeting will go over the criteria of the eligibility requirements and expectations of the program. We will also go over the Parent/Student Commitment Program.

**PARENT/TEACHER CONFERENCES:** Conferences will be held Thursday, March 1, 2012 in the gym at FHS from 3:00 p.m. – 7:30 p.m.

## "Sideways Stories From Wayside School"

Three Firelands High School Students Participating In The MAD\* Factory's Production of "Sideways Stories From Wayside School". Danny Arnold (Myron), Becca Jackson (Miss Valoosh) and Daniel Kasper (Dameon) have been cast in The MAD\* Factory's upcoming production of "Sideways Stories from Wayside School", A Play Adapted by John Olive from the Award Winning Novels by Louis Sachar. Wayside School was supposed to be one story high, with 30 classrooms side by side.

Instead, the classrooms were stacked on top of each other 'til the school was 30 stories high. (The architect said he was sorry!) This topsyturvy farce is filled with crazy characters, outrageous humor and more than a touch of the Twilight Zone!

From the award winning series by the author of *Holes!* The students are in rehearsal three days per week with fellow cast members that come from ten other school districts. This is the fourth MAD\* Factory production for sophomore Danny Arnold, having previously participated in "The Wiz", "The True Stories of the 3 Little Pigs and The Frog Prince" and "The Stinky Cheese Man and Other Fairly Stupid Tales". Mr. Reighley, Principal at Firelands High also loaned the MAD\* Factory the desks that they are using in the production for which they are very grateful.

The MAD\* Factory, which stands for Music, Art and Drama, teaches theatre arts based classes year round for students ages 3-19 and produces 2 full-length shows each year. The winter touring production is always based on popular children's books.

**PERFORMANCE TIMES AND LOCATIONS ARE AS FOLLOWS:**

**Admission is \$5 at the door. Seating is first come, first served.**

**March 1<sup>st</sup> - 7:00pm Carlisle Visitors Center, 12882 Diagonal, La-Grange**

**March 2-4 - First Church in Oberlin, 106 N. Main, Oberlin, Friday and Saturday at 7:00pm, Sunday At 2:00pm**

**March 9<sup>th</sup> - 7pm, Gould Auditorium, 205 W. 20<sup>th</sup> St., Lorain**

**March 10<sup>th</sup> - 7pm, Christ Lutheran Church, 4501 Clinton Ave. Lorain**

Mark your calendars and be sure to bring the entire family to this funny, delightful performance. For more information please call the MAD\* Factory office at 440-774-7062.



## Firelands FFA



The Firelands FFA Chapter qualified earlier this winter for the state Parliamentary Procedure Career Development Event for the first time in chapter history. The team earned second place in the semi-finals and was gold rated. Team members, with their Parliamentary Procedure offices are pictured from left to right: Abigail Miller (secretary), Alex Tuggle (president), Jessica Zurcher (treasurer), Josh Hanna (member), Erica Hanko (student advisor), Emma Ranney (reporter), Emily Teaman (vice president), and Chrissy Balint (sentinel).

### Goodwill Clothing Drive



The Firelands High School Teen Leadership Corps class is having on a Goodwill Drive. Items will include anything from clothing to household items. If you have large items to donate, please contact the school for further information. It will take place from March 19 to March 30. Please drop off items before school in the guidance office. This could be a jump start for spring cleaning that will benefit you and others. Please support the Firelands TLC in this endeavor.

## Firelands Art Students Selected for 9th Congressional District Exhibition

The Arts Commission of Toledo and Congresswoman Marcy Kaptur celebrate the creativity and artistic talent of area youth with the Ninth Congressional District Invitational Art Exhibition.

Art teachers from high schools within Ohio's Ninth District nominated two student artworks for display. Artworks were selected to receive awards by a jury composed of art educators, local artists, and representatives from institutions sponsoring awards. The artworks recognized with awards were unveiled at the Toledo reception on Sunday, February 12, 2012.

The Congressional First Place Award winner will be displayed in the Capitol Building in Washington, D.C. for one year. Those who receive the Congressional Runner-Up Award will be displayed throughout the year in Marcy Kaptur's office. A new component was added to the competition for 2006, which invited students to explore the concepts of "commercial art" and "surface design". A separate award is given to the artwork deemed most suitable for commercial design application. Employees at Libbey Inc. then produce a short run of Libbey glassware printed with a design derived from the selected artwork. A representative from Libbey Inc. judges this portion of the competition and also hosts a workshop introducing design careers, open to all students participating in the exhibition.

Other awards for this year's exhibition have generously been sponsored by: Bowling Green State University School of Art, The University of Toledo Department of Art, Oberlin College, Lourdes University Department of Art, The Law Firm of Eastman and Smith, Valko and Associates, Rudolph Libbe Companies Inc., Kate Pilacky and the Western Reserve Land Conservancy, and Dennis Norman and Nicole Brandstrup.

Sixty artworks from students attending 13 different local high schools are included in this year's exhibition, with 29 different artworks receiving awards.

Firelands freshman Rebecca Jackson's entry in the exhibition is a delicate ink drawing in expressive Zentangle lines. Sophomore Alexandra Denes captured the attention of a printmaker on Congresswoman Kaptur's staff with her dramatic self-portrait print titled "-". (dash). Her print was used in publicity for the show. The work is on display now at One Seagate Center in downtown Toledo until Feb. 24. The entire show will be transferred to Oberlin for exhibition in the Oberlin College Science Center building from March 4 - 30. Congresswoman Kaptur will celebrate the Oberlin show with a reception for the artists and their families on Sunday March 11 from 1 - 2:30pm.

The Arts Commission, Congresswoman Marcy Kaptur, Firelands Association of the Visual Arts and Oberlin College present the Ninth Congressional District Invitational Art Competition to honor artistic excellence demonstrated by area high school students. Marcy Kaptur has been presenting this opportunity to her district since 1981. This Exhibition is also made possible through the generous support of: One Seagate, Libbey Inc., GEM Inc., Owens Community College and Scribbled Napkin Designs. The Arts Commission is the longest standing arts agency in the state of Ohio that develops and promotes the arts in the community, serving Northwest Ohio since 1959.



Alexandra Denes, grade 10 and Rebecca Jackson, grade 9

## FIRELANDS ENDOWMENT FUND GRANTS SAMS 2011 - 2012

- The Firelands Endowment Fund was EXTREMELY generous to South Amherst Middle School. They rewarded the faculty and students at SAMS over \$11,000 in grant monies. Without these funds many great educational opportunities would be missed by our students. Thank you to the Firelands Endowment Fund and to the people who help raise money for this worthy cause.
- Susan Pete received an Endowment Fund Grant for \$1,300 to be used to purchase Fitness based equipment. This will allow for all PE and fitness classes to experience different types of easily purchased home style equipment. It will allow them to learn proper techniques on this equipment and to build their own program based on individual needs.
- The SAMS Library received a \$1,000 Endowment Fund Grant for the purchase of newly released titles of Accelerated Reader books and quizzes for the Language Arts curriculum. These funds will allow us to supply the entire SAMS student population with interesting and exciting resources to help improve their reading comprehension levels.
- The SAMS band program received two grants from the Firelands Endowment. We were able to purchase a concert tuba (\$3,500.00) and a Smartboard (\$2,000.00).
- Even though only one student will play on the tuba yearly, it will benefit all students in Firelands band program (grades 5-12). A quality band sound, similar to a pyramid, consists of many layers. A quality band must have a strong foundation (tuba) before you can build the other layers above.
- The educational advantages of having a Smartboard in the SAMS band room are numerous. Besides teacher generated materials, there is a wealth of ready made materials already available through internet sites. Activities may include: 1. Historical, cultural, and social connections to music, 2. Creative expression and performance through music, 3. Elements of music theory and composition, and 4. Connections, relationships, and applications to other art discipline. The addition of a Smartboard will increase student understanding and application of academic content standards for music as established by The Ohio Department of Education.
- The SAMS Science Department received a \$500 grant from the Firelands Endowment Fund for the purchase of a generator used to demonstrate energy transformations in the 8<sup>th</sup> grade classroom. Several years ago, the science department received an Energy Bike demonstration kit valued at several thousand dollars from an organization called Ohio Energy Projects (OEP). The kit includes a full-sized mountain bike, generator, and display board full of electrical devices known as loads. Some of these loads include incandescent and fluorescent light bulbs, a hair dryer, and a fan. Students ride the bike which turns the generator powering the display board. While pedaling the bike, students can feel the increased resistance needed to generate the electricity used by the different loads. There are also volt and amp meters used to help compare the energy efficiency of the different devices. Due to much use, the generator has become worn out and broken beyond repair. Therefore, the grant from the Firelands Endowment Fund will allow the generator to be replaced, and the students to continue hands-on learning about energy.
- The Science Department also received over \$600 for much needed supplies. This will allow the school to purchase items like microscopes and other tools so the students can experience Science in a hands-on manner.
- Mrs. Johnson and the SAMS Choir Classes received a grant for the musical, "Follow that Rabbit". The \$1,000 in Grant Monies will be used for costumes, props and set pieces. Thanks to the generosity of the Firelands Endowment Fund, SAMS will continue to be able to put on an outstanding musical!
- Ms. Smath in 6th Grade Language Arts plan to use the grant money for the creation of our Young Author books by providing the books and crayons for any students interested in Young Authors. We will also be attending the "Pictures Tell a Thousand Stories" conference at LCCC Stoker and Spitzer Centers on May 15, 2012. Students will have the opportunity to interact with a guest author, and observe Young Author books from around Lorain County. Winning stories and illustrators will be named at this conference as well. It is a unique experience for students to be able to follow the writing process all the way through to the published state.
- Ms. Smath also received a second grant that will give all the 6<sup>th</sup> grade students the rewarding experience to work one on one with an Award Winning Ohio author, Tricia Springstubb. She will be visiting her 6<sup>th</sup> grade classes on May 9, 2012. She will be discussing the writing process with them, and doing activities with them. I plan to have some storytellers come to work with all the students as well. The plan is to hold workshops with the students, and possible have a performance night with parents attending.
- Ms. Sullivan earned a \$300 grant from the Endowment Fund for supplies and food. These funds will help continue a writing project with other grade levels and awards celebration. These funds will also help her create a wonderful experience for all students by purchasing much needed equipment that has grown out of date and un-functional.

## Lady Falcons Fast-Pitch Clinic

SATURDAY, MARCH 17, 2012

For Girls in Grade 1-8



**Location**  
South Amherst Middle School  
Large & Small Gyms

**Purpose**  
To learn about, and practice the latest techniques in  
Fielding Throwing Catching  
Bunting Hitting Pitching & Base  
Running  
... with the Firelands High School  
Varsity and JV  
Players and Coaches!

**Sessions**  
Session 1: Grade 1-4  
(9:00 am- 11:30 am)  
Session 2: Grades 5-8  
(12:30 pm – 3:00 pm)

**MAKE CHECKS PAYABLE TO:**  
**TEAM FIRELANDS FUND**  
(Registration fee is non-refundable)  
Any questions or concerns, please  
contact FHS Head Softball Coach  
Judy Dostall at 440-935-5187.  
**Return this form by**  
**March 5, 2012**  
With payment to:  
**TEAM FIRELANDS FUND**  
50269 State Route 20, Oberlin, Ohio  
44074

**REGISTRATION FEE:**  
The Clinic fee will be  
\$40.00 per player  
(Payment due no later than March  
5, 2012)  
Fee will include a Lady Falcon  
Fast-Pitch T-Shirt,  
Games and Prizes

**My Daughter will attend session:**

\_\_\_\_\_ Session 1: Grade 1-4 (9:00 am- 11:30 am)  
\_\_\_\_\_ Session 2: Grades 5-8 (12:30 pm – 3:00 pm)  
Enclosed is the entry fee of **\$40.00**

\_\_\_\_\_ CASH      \_\_\_\_\_ Check # \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City & Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

Present Grade Level: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_ (child or adult)

**I give my daughter permission to participate in the lady Falcon Fast-Pitch Clinic. I fully understand that anyone associated with the camp is not responsible for any accident/injury sustained to my daughter while participating at this camp. I will assume all responsibility for my daughter's participation.**

\_\_\_\_\_  
Signature of Parent/Guardian)

## COMMUNITY CALENDAR

### FEBRUARY

- 20 **PRESIDENT'S DAY – NO SCHOOL**
- 21 FHS - Band Boosters Meeting @ FHS - 7:00 p.m.
- 21 Boys Varsity (home) vs Brookside – 7:30 p.m.
- 22 Girls Varsity Basketball @ OHSAA Section @ Elyria High – 6:00 p.m.
- 23 FHS – Band Concert at FHS – 7:00 p.m.
- 23 FES - Spelling Bee @ FES - Grades 3 & 4 at 9:00 a.m.
- 24 **Interim Reports**
- 25 SAMS – 7<sup>th</sup> & 8<sup>th</sup> Grade - Winter Formal Dance
- 27 FES - Market Day Pickup - 5:30 – 6:30 p.m.
- 27 FHS – New Student Orientation (8<sup>th</sup> graders) at FHS – 6:30 p.m.
- 28 FHS - Choir Concert at FHS - 7:00 p.m.

### MARCH

- 1 FHS- SAMS-FES- Evening Parent/Teacher Conferences – Grades K - 12
- 2 **NON-INSTRUCTIONAL DAY – NO SCHOOL**
- 5–9 FES - 2<sup>nd</sup> Grade Terra Nova Testing
- 7 FES - PTG Meeting - 7:00 p.m. in Teacher Lunchroom
- 12 FES - Kindergarten Packets Available at FES

- 12 Board of Education Meeting - 7:00 p.m.
- 12–16 FHS - OGT Test Week @ FHS
- 19 FES - Kindergarten Registration at FES – March 19 – 23
- 19 FHS - Band Boosters Meeting @ FHS - 7:00 p.m.
- 20 SAMS – PTG Meeting – 7:00 p.m.
- 21 Girls Varsity Softball (home) vs Bay (scrimmage) – 5:00 p.m.
- 24 Boys Varsity Baseball (home) vs John Marshall – 11:00 a.m. and 1:00 p.m.
- 26 \*\*\*\*\* End of 3rd Grading Period \*\*\*\*\*
- 26 FES - Market Day Pickup at FES: 5:30 – 6:30 p.m.
- 27 Boys Varsity Baseball @ Vermilion – 4:30 p.m.
- 27 & 28 SAMS - 8<sup>th</sup> Grade Musical at SAMS – 7:00 p.m.
- 28 Girls Varsity Softball (home) vs Norwalk – 4:30 p.m.
- 28 Boys Varsity Baseball @ Westlake – 6:30 p.m.
- 29 FHS – FFA Banquet at FHS – 6:30 p.m.
- 30 SAMS - Spring Pictures Taken – 7:30 – 10:30 a.m.
- 30 FES – Report Cards Sent Home
- 31 Boys Varsity Baseball (home) vs Benedictine – 11:00 a.m.
- 31 Boys Varsity Baseball (home) vs Trinity – 3:00 p.m.



**MFMB**

CALENDAR OF EVENTS

**February 23** - Pasta dinner/Winter Concert

**March 19** - Booster Mtg-7 pm

**March 22-27** - Disney Trip

**April 16** - Booster Mtg-7 pm

Our band booster group is getting busier and busier with the growing needs of our students. Please take the time to come to our meetings and participate in our activities. It makes a dramatic difference in all of our student's lives!  
[firelandsbandboosters@gmail.com](mailto:firelandsbandboosters@gmail.com)

**Musical Moments**

There are a limited number of basketball games for pep band.

If you would like to help out at the concession stand, please email Natalie at:  
[saylornatsteve@hotmail.com](mailto:saylornatsteve@hotmail.com)



### WINTER SAFETY TIPS

Now that winter has finally arrived, here are some tips to keep everyone safe all year long. Remember with bad road conditions the Bus may be late. Please do not call the Bus Garage as it can create a lot of radio conversation that can be distracting to all the drivers when the roadways are bad.

**PLEASE BE PATIENT**

- \* Have the students at the Bus Stop and ready to board before the Bus arrives, (five minutes suggested), Board Policy. Please do not wait in your house or your car until the bus stops. The students need to be lined up and ready to board the bus when the bus arrives at the stop.
- \* Have the students wait back from the edge of the road approximately ten feet and wait until the Bus has stopped and the door has opened or signaled by the driver to cross the road or approach the bus.
- \* When crossing the road use the proper procedures, wait for driver to signal, stop at the center of the road and check traffic on their own before crossing to their home side, proceeding to their place of safety, again about ten feet from the edge of the road, and wait until the bus leaves before proceeding home.

Clear a path to the bus stop, sidewalk or yard.

Have the students dressed for the weather; boots, coats, gloves.

**The drivers have an awesome responsibility to get the students to and from school safely and your help is essential!**

**LUNCH MENUS**

<b>FIRELANDS ELEMENTARY</b> Regular Lunch \$2.10—Ice Cold Milk served with all meals	<b>SOUTH AMHERST MIDDLE</b> Regular Lunch \$2.35—Ice Cold Milk served with all meals	<b>FIRELANDS HIGH</b> Regular Lunch \$2.50—Ice Cold Milk served with all meals
<p align="center"><b>FEBRUARY 20 - FEBRUARY 24</b></p> <p><b>MONDAY— “NO SCHOOL” PRESIDENTS DAY</b></p> <p><b>TUESDAY-</b> Domino’s smart slice Or school peppro pizza, Vegetable, Fruit, Tray treat</p> <p><b>WEDNESDAY-</b> Baked chicken nuggets, Seasoned green beans, Soft pretzel, Chilled pears</p> <p><b>THURSDAY -</b> Soft taco, Shredded lettuce &amp; cheese, Fresh fruit, Pudding</p> <p><b>FRIDAY -</b> Cheese stuffed breadstick, Vegetables w/ dip, Chilled mandarin oranges</p> <p align="center"><b>FEBRUARY 27 - MARCH 2</b></p> <p><b>MONDAY -</b> Sausage links, French toast sticks, Cheesy potatoes, Orange juice cup</p> <p><b>TUESDAY -</b> Domino’s smart slice Or school peppro pizza, Vegetable, Fruit, Tray treat</p> <p><b>WEDNESDAY -</b> Baked chicken fries, California blend vegetables, Seasoned rice, Fresh fruit</p> <p><b>THURSDAY -</b> Mini Corn Dogs, Baked sweet potato fries, Chilled pineapple</p> <p><b>FRIDAY -</b> “NO SCHOOL”</p> <p align="center"><b>MARCH 5 - MARCH 9</b></p> <p><b>MONDAY -</b> Chicken nuggets, Steamed broccoli, Chilled pears</p> <p><b>TUESDAY -</b> Domino’s smart slice Or school pepperoni pizza, Vegetable, Chilled fruit, Tray treat</p> <p><b>WEDNESDAY -</b> Chicken strips, Smiley fries, Fresh fruit, Whole grain roll</p> <p><b>THURSDAY -</b> Spaghetti w/meat, Tossed salad, w/carrots and spinach, Applesauce, Whole grain roll</p> <p><b>FRIDAY -</b> Fish trout treasures, Hash brown potato, Chilled fruit</p> <p align="center"><b>MARCH 12 - MARCH 16</b></p> <p><b>MONDAY -</b> Mini Corn Dogs, Vegetables w/dip, Chilled peaches</p> <p><b>TUESDAY -</b> Domino’s smart slice Or school pepperoni pizza, Vegetable, Chilled fruit, Tray treat</p> <p><b>WEDNESDAY -</b> General Tso’s Chicken, Stir Fry Veggies, Seasoned Rice, Chilled pineapple tidbits, Fortune cookie</p> <p><b>THURSDAY -</b> Taco Salad, Shredded lettuce &amp; cheese, Fresh fruit, Tortilla chips</p> <p><b>FRIDAY -</b> Macaroni &amp; cheese, Seasoned peas, Chilled pears, Whole grain roll</p> <p align="center"><b>MARCH 19 - MARCH 23</b></p> <p><b>MONDAY -</b> Hamburger w/bun, Baked fries, Chilled mandarin oranges</p> <p><b>TUESDAY -</b> Domino’s smart slice Or school pepperoni pizza, Vegetable, Chilled fruit, Tray treat</p> <p><b>WEDNESDAY -</b> Chicken patty sandwich, Tossed salad, w/ carrots &amp; spinach, Fresh fruit</p> <p><b>THURSDAY -</b> Salisbury steak, Seasoned corn, Whipped potatoes, Chilled peaches, Whole grain roll</p> <p><b>FRIDAY -</b> Cheese quesadilla, Broccoli w/cheese, Seasoned rice, Chilled pineapple</p>	<p align="center"><b>FEBRUARY 20 - FEBRUARY 24</b></p> <p><b>MONDAY— “NO SCHOOL” PRESIDENTS DAY</b></p> <p><b>TUESDAY-</b> Domino’s smart slice Or Stuffed crust pizza, Vegetable, Chilled fruit, Tray treat</p> <p><b>WEDNESDAY-</b> Taco salad w/meat Or Soft taco wrap, Lettuce &amp; cheese, Chilled pears, Tortilla chips , Whole grain roll</p> <p><b>THURSDAY -</b> Chicken Strips w/roll Or Chicken patty w/ bun, Parsley Potatoes, Fresh Fruit, Pudding</p> <p><b>FRIDAY -</b> Macaroni &amp; cheese Or Rib a que w/bun, California blend veggie, Chilled mandarin oranges</p> <p align="center"><b>FEBRUARY 27 - MARCH 2</b></p> <p><b>MONDAY -</b> Pepperoni &amp; cheese roll Or Southwest pizza, California blend veggie, Chilled peaches</p> <p><b>TUESDAY -</b> Domino’s smart slice Or Stuffed crust pizza, Vegetable, Chilled fruit, Tray treat</p> <p><b>WEDNESDAY -</b> Falcon double burger W/bun, lettuce, cheese &amp; sauce Or Cheeseburger, Baked fries, Chilled pears</p> <p><b>THURSDAY -</b> Mashed potato bowl...popcorn chicken.</p> <p>potatoes, corn, cheese, gravy, Whole grain roll, Fresh fruit</p> <p><b>FRIDAY -</b> “NO SCHOOL”</p> <p align="center"><b>MARCH 5 - MARCH 9</b></p> <p><b>MONDAY -</b> Chicken parmesan Or Chicken patty w/bun, Pasta w/sauce, Italian blend veggie, Chilled peaches, Whole grain roll</p> <p><b>TUESDAY -</b> Domino’s smart slice Or Stuffed crust pizza, Vegetable, Chilled fruit, Tray treat</p> <p><b>WEDNESDAY -</b> &amp; spinach, Chilled applesauce, Breadstick</p> <p><b>THURSDAY -</b> Chicken wrap w/lettuce &amp; cheese or Chicken strips w/roll, Green beans, Fresh fruit</p> <p><b>FRIDAY -</b> Toasted cheese, Tomato soup /crackers, Seasoned peas, Chilled mandarin oranges</p> <p align="center"><b>MARCH 12 - MARCH 16</b></p> <p><b>MONDAY -</b> BBQ pulled pork w/bun Or whole grain corn dog, Baked beans, Chilled Peaches, Fritos</p> <p><b>TUESDAY -</b> Domino’s smart slice Or Stuffed crust pizza, Vegetable, Chilled fruit, Tray treat</p> <p><b>WEDNESDAY -</b> Chicken Alfredo Or Chicken patty w/bun, Baby carrots w/dip, Chilled Pears, Whole Grain roll</p> <p><b>THURSDAY -</b> General Tso’s Chicken, Stir fry vegetable, Seasoned Rice, Fresh Fruit, Fortune cookie</p> <p><b>FRIDAY -</b> Egg &amp; cheese sandwich Or Cook’s choice, Cheesy potatoes, Chilled fruit, Orange juice cup</p> <p align="center"><b>MARCH 19 - MARCH 23</b></p> <p><b>MONDAY -</b> Salisbury steak Or Breaded pork chop, Seasoned corn, Whipped potatoes &amp; gravy, Peaches /Whole grain roll</p> <p><b>TUESDAY -</b> Domino’s smart slice Or Stuffed crust pizza, Vegetable, Chilled fruit, Tray treat</p> <p><b>WEDNESDAY -</b> Cheeseburger w/bun Or Steak-um w/cheese, Broccoli w/cheese, Chilled applesauce</p> <p><b>THURSDAY -</b> Creamed chicken &amp; biscuits Or Chicken nuggets w/roll, Peas &amp; carrots, Fresh fruit</p> <p><b>FRIDAY -</b> Cheese Quesadilla Or Chicken Soft taco, W/lettuce &amp; cheese, Vegetable, Chilled Mandarin oranges</p>	<p align="center"><b>FEBRUARY 20 - FEBRUARY 24</b></p> <p><b>MONDAY - “NO SCHOOL” PRESIDENTS DAY</b></p> <p><b>TUESDAY-</b> Domino’s smart slice pizza Or Stuffed crust pizza, Vegetable, Chilled fruit, Dessert</p> <p><b>WEDNESDAY-</b> Chicken Alfredo...chicken patty over pasta w/ alfredo sauce Or chicken patty / bun, Glazed carrots, Chilled pineapple</p> <p><b>THURSDAY -</b> BBQ pork sandwich Or Chicken nuggets, Baked sweet potato fry, Fresh fruit, Whole grain roll</p> <p><b>FRIDAY -</b> Chicken parmesan w/spaghetti Or spaghetti w/ meatballs, Tossed salad w/carrots &amp; spinach, Whole grain roll, Chilled peaches</p> <p align="center"><b>FEBRUARY 27 - MARCH 2</b></p> <p><b>MONDAY -</b> Whole grain corn dog Or Southwest pizza, Malibu blend vegetables, Chilled pineapple</p> <p><b>TUESDAY -</b> Domino’s smart slice pizza Or Stuffed crust pizza, Vegetable, Chilled fruit, Cookie</p> <p><b>WEDNESDAY -</b> Mashed potato bowl...popcorn chicken, mashed potatoes, corn, gravy, cheese, Mandarin oranges, Whole grain roll</p> <p><b>THURSDAY -</b> Macaroni &amp; cheese w/ Breadstick or Rib a que w/wg bun, Tossed salad w/ carrots &amp; spinach, Fresh fruit</p> <p><b>FRIDAY -</b> “NO SCHOOL”</p> <p align="center"><b>MARCH 5 - MARCH 9</b></p> <p><b>MONDAY -</b> Breaded pork chop Or Salisbury steak, Whipped potatoes / gravy, Green beans, Chilled pears, Whole grain roll</p> <p><b>TUESDAY -</b> Domino’s smart slice pizza Or Stuffed crust pizza, Vegetable, Chilled fruit, Dessert</p> <p><b>WEDNESDAY -</b> General Tso’s chicken, Stir fry vegetables, Mandarin oranges, Seasoned rice, Fortune cookie</p> <p><b>THURSDAY -</b> Toasted cheese Or baked chicken nuggets, w/wg roll, Tomato soup w/crackers, Seasoned peas, Chilled pineapple</p> <p><b>FRIDAY -</b> Beef &amp; cheese nachos Or Taco fries, Steamed broccoli, Fresh fruit, Breadstick</p> <p align="center"><b>MARCH 12 - MARCH 16</b></p> <p><b>MONDAY -</b> Beef hot dog w/bun Or Kielbasa w/bun, Baked beans, Chilled pears</p> <p><b>TUESDAY -</b> Domino’s smart slice pizza Or Stuffed crust pizza, Vegetable, Chilled fruit, Cookie</p> <p><b>WEDNESDAY -</b> Chicken parmesan w/spaghetti Or spaghetti w/meatballs, Tossed salad, w/carrots &amp; spinach, Whole grain roll, Chilled peaches</p> <p><b>THURSDAY -</b> Sausage w/french toast sticks Or Egg &amp; cheese on a buttermilk biscuit, Cheesy potatoes, Orange juice or fruit</p> <p><b>FRIDAY -</b> Falcon double burger/cheese, ranch, lettuce, Green beans w/carrots, Mandarin oranges</p> <p align="center"><b>MARCH 19 - MARCH 23</b></p> <p><b>MONDAY -</b> Pepperoni &amp; cheese Stromboli Or Cheeseburger w/bun, Malibu blend vegetable, Chilled pears</p> <p><b>TUESDAY -</b> Domino’s smart slice pizza Or Stuffed crust pizza, Vegetable, Chilled fruit, Dessert</p> <p><b>WEDNESDAY -</b> Taco Salad or Soft taco, Shredded lettuce &amp; cheese, Chilled peaches, Tortilla chips, Whole grain roll</p> <p><b>THURSDAY -</b> Pasta Bar or Meatball sub, Tossed Salad, w/ carrots &amp; spinach, Fresh Fruit, Whole grain roll</p> <p><b>FRIDAY -</b> Chipotle Day-build it!!! Chicken or Beef/ tortilla. Choice of shredded lettuce, cheese, black beans, salsa guacamole, sour cream. Peaches, Roll</p>



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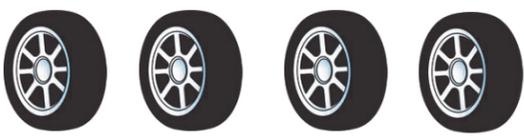
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**Gimme 5 Trait of the Month: Honesty**

**Teaching Honesty by Example**

Teaching honesty by example is very effective. “Do-as-I-do” is a better motto than the proverbial, “Do-as-I-say, not-as-I-do.” Be honest with children at a level that they can understand.

Teaching by example means that you conduct your own personal and business affairs in an honest and ethical manner. By doing so you will be demonstrating the self-respect that accompanies ethical behavior.

Excerpted from **Healthy Parenting Tip Sheet – Teaching Kids Honesty**  
By Bette Freedson, MSW, LICSW, LCSW, CGP  
National Association of Social Workers. Copyright 2010.



**Attention Sophomores and Juniors!**

All **10<sup>th</sup> and 11<sup>th</sup> Graders** are able to take advantage of a **FREE** ACT Online Preparation Course! To get your login and password information see the FHS Guidance Department or email/call Mrs. Butchko at 440.986.7021 or [jbutchko@fireladnsschools.org](mailto:jbutchko@fireladnsschools.org). Grant Funding has provided this amazing opportunity for our students – no local tax dollars were needed.

10<sup>th</sup> and 11<sup>th</sup> Grade Students, please take advantage of this great opportunity to help improve your college entrance exam scores!

<https://actonlineprep.act.org/ePrep/browserInfo.do>

## SELECT CHOIR PERFORMS AT QUICKEN LOANS ARENA



The choral department has been very busy these past few weeks. The Select Choir as you know sang the National Anthem at Quicken Loans Arena on Wednesday, January 25th. The Select Choir and 17 other solos and ensembles participated in OMEA State Competition at Cuyahoga Community College in Parma on Saturday, January 28th. Some Concert and Select Choir members sang the National Anthem at the Wolstein Center on February 9th for the Cleveland State Basketball Team. Over 25 solos and ensembles including Select Choir participated in Lorain County Solo and Ensemble Competition on Saturday, February 11th at Amherst High School. Out of 25 groups, 1 group received a GOOD Rating, 14 groups received EXCELLENT Ratings, and 10 groups received SUPERIOR Ratings including the Select Choir!

I am very proud of all the choir students who participated in the many exciting events that took place these past few weeks. They represented Firelands very well!! I also want to thank the many parents who invested time and money to take their children to the competitions. We have very supportive parents in the music department at Firelands, and we are very blessed! A huge shout out goes to Lynn Fannin for all her hard work and dedication for working with over 26 solo and ensemble groups and accompanying them at both competitions. The Choral Department is very honored to have her be part of the Firelands Family!

Support the Firelands Board of Education and help us to maintain the Firelands Express!  
**ADS ARE ONLY \$200 A YEAR!**  
 Contact the Firelands Board Office at 440.965.5821. Please submit all articles and photos to: [lseman@firelandsschools.org](mailto:lseman@firelandsschools.org)

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**REGISTER NOW!**  
 Fall Pre-School & Summer Programs at Firelands Community Day School  
 11970 Vermilion Road, Oberlin  
 440/965-7677  
 Ages: 18 months – 12 years  
 Pre-School: 9:00 a.m. – 11:45 a.m.  
 Daycare 6:15 a.m. – 5:30 p.m.  
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Sunday School: 9:45a.m.

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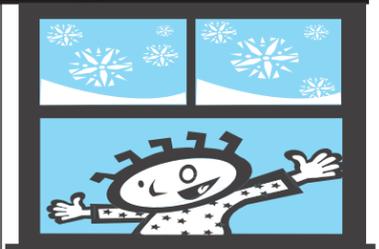
**Cedarside Animal Hospital**  
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Firelands Elementary PTG  
 Meetings held on the 1st Tuesday of the Month.  
  
**"Working Hard for Our Kids"**

South Amherst Middle School PTG Meetings held on the 3rd WEDNESDAY of the month  
**"Support Our Kids"**

**Piggy's Main Street Market**  
 Ohio Lottery Headquarters  
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The Communities we serve: Amherst, Amherst Township, Birmingham, Brownhelm Township, Camden Township, Florence Township, Henrietta Township, Kipton Village, New Russia Township, South Amherst Village, Vermilion and Vermilion Township.

You may view this issue on line at:  
**[www.firelandsschools.org](http://www.firelandsschools.org)**